



## THE 6 KEYS TO CREATING HEARTFUL RELATIONSHIPS – LIVE!

FEATURING THE RELATIONSHIP TOOLSHOP® F.I.R.S.T. COURSE:  
FORMULA FOR IMPROVING RELATIONSHIP SUCCESS TOOLS

**What if you could discover a simple holistic system for opening your heart, healing damaged relationships, and bring effortless, joyful, harmony to all your relationships?**

What if ALL of your relationships, at home, work and in the community, were...

... Filled with ease?

... Relaxing instead of stressful?

... Meaningful and helped you feel connected on a deeper level?

... So fulfilling they made you feel like your life is better off because of the relationship?

**With just a small amount of time, You CAN transform all your relationships and start experiencing More Harmony, Inner Peace and Joy in YOUR Life!**

**6 SATURDAY AFTERNOONS, 1-4 P.M.**

**AUG 25, SEPT 8, OCT 20, OCT 27, NOV 3, DEC 1**

HEARTFULNESS MEDITATION CENTRE, 3153 LANTZ RD, BEAVERCREEK, OH 45432

Tuition: \$297 for 18 hours of LIVE training and support.

40% of all proceeds will be donated to the Meditation Centre.

**FOR MORE INFORMATION OR TO REGISTER: [RELATIONSHIPTOOLSHOP.COM/FIRST-LIVE](http://RELATIONSHIPTOOLSHOP.COM/FIRST-LIVE)**

**FIRST 12 TO REGISTER BY JULY 7 USING THE CODE “FIRST12” RECEIVE \$100 OFF! (NO QUOTES)**

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Heartfulness  
Through meditation, calm



Relationship  
Toolshop®  
International  
Training  
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**The F.I.R.S.T. Course Gives You “The Six Keys to Heartful Relationships.”**

- ***Prevent or respond effectively to relationship challenges that arise and know exactly what to say and do*** by asking yourself four important questions. The answers will point you to an effective response, so **you quickly and easily identify the real issue that is at the core of the emotions and behaviors you are seeing.**
- Have a caring conversation that helps each person be understood and ***find a solution that is agreeable to both parties.*** When you take these 5 steps, using these five tools, **you never have to have a heated confrontation again.**
- ***Become consciously aware of the limiting, negative beliefs and behavior patterns you have that continue to bring the same conflicts and drama into your life.*** When these beliefs shift and these blocks are clear, you **create space that can be filled with love. This brings unlimited possibilities of positive change. Plus, others have to respond to you differently.**
- ***Clear out the clutter and toxins of past resentments and trauma and fill that space with truth, love and forgiveness, so you can heal and be whole.*** Even if others don't change or the relationship ends, you can now **attract in only positive relationships with others and never again have to relive or be affected by past hurts and histories.**
- ***Establish a vision of the ideal relationship,*** so you can **stop focusing on what's wrong with the other person and get clear on what you want the relationship to be.**
- ***Learn the three-step process for manifesting anything you want in your life.*** We will focus on relationships, but you can use this process to **create the relationships and life of your dreams.**

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